

ACTIVE islander

WINTER/SPRING
2020



VILLAGE OF KEY BISCAIYNE COMMUNITY CENTER



Beaming with Joy

Kids have lots to smile about this season, thanks to a variety of recreational and sports programs designed specifically for them.

Information for Residents

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Village Officials and Staff

Mayor Michael Davey
Vice Mayor Brett Moss
Councilmember Luis Laurodo
Councilmember Edward London
Councilmember Allison McCormick
Councilmember Katie Petros
Councilmember Ignacio Seguro
Village Manager
Andrea Agha
Director of Parks and Recreation
Todd Hofferberth
Community Center Manager & Asst. Director of Parks and Recreation
Ana J. Colls

PARTY PACKAGES AND ISLAND ROOM RENTALS

Planning a party or special event? The Community Center offers a variety of party packages for groups of up to 30 people. Choose from our Basic Party Package; Arts and Crafts Package; Pool Party Package; or the Face-Painting and Balloon Art Party Package.

We also have facilities to accommodate adult parties, meetings and other special events. The Island Room (also known as the Multi-Purpose Room) on the second floor can accommodate up to 150 guests, offers small and large rooms, as well as a warming kitchen.

For more information or to schedule your next event, please visit or call the Community Center's front desk at 305-365-8900.

BEACH PARK ACCESS CARDS

The Village of Key Biscayne's Beach Park, a resident's only facility, requires an access card to enter the park. The access cards are available to Key Biscayne residents only. For additional information please call 305-365-8900.

To Obtain a Card: Beach Park access card applications are available online or at the front desk. Please allow 2-3 business days for new cards to be activated.

Proof of Residency: Proof of residency is required when applying for a beach access card. A photo ID plus one of the following is acceptable as proof of residency:

- Current vehicle registration certificate
- Copy of current real property tax bill or deed
- Certificate or letter from the Internal Revenue Service
- Current utility bill

Cards per Household: There is a limit of two (2) access cards per household and proof of residency is required for each card issued. A one-person household may only receive one access card.

Fees: There is no fee for the first access card(s). There is a replacement card fee of \$8.00 to de-activate the lost or stolen card and re-issue a new device.

PASSPORT SERVICES

The Village of Key Biscayne is a certified acceptance facility for U.S. passport applications. As a courtesy to our residents, this service is offered by the Parks and Recreation Department at the Community Center, located at 10 Village Green Way, second floor. Rules, downloadable forms, fees, travel advisories and other information are available at the U.S. State Department passport web page. For additional information or to make an appointment, call 305-365-8953. Passport processing also is available at the U.S. Post Office located in the L'Esplanade Shopping Center at 951 Crandon Boulevard. For more information, call 305-ASK-USPS.

Days	Monday to Friday
Hours	9:30 a.m.-4:00 p.m.

Note: Appointments are required.



FREE ON-ISLAND TRANSPORTATION FOR SENIORS

The Village of Key Biscayne offers free, local island transportation to pre-registered senior residents of Key Biscayne. Seniors must be 60 years of age or older, full- or part-time residents of Key Biscayne and pre-registered with Roxy Lohuis-Tejeda, Senior and Adult Programs Coordinator. Exceptions will be made for home health aides, nurses and other qualified personnel caring and assisting the registered user. This service is provided on Tuesdays, Wednesdays and Thursdays between 9:00 a.m. and 3:00 p.m. All passengers must be ready and waiting for pick up. The driver will wait only five minutes. Please call 305-365-8953 for more information or to make a reservation.

Message from the Village Manager



COMMUNITY CENTER HOURS

General Hours of Operation

Monday - Friday 6:00 a.m. to 10:00 p.m.
Saturday and Sunday 8:00 a.m. to 8:00 p.m.

Pool Hours

(unless otherwise posted for classes and special programs)

Monday - Friday 6:15 a.m. to 8:45 p.m.
Saturday and Sunday 8:15 a.m. to 7:45 p.m.
Swim lanes are always available but may be limited for a class or special program.

Teen Room/Game Room

Monday - Friday 3:00 p.m. to 10:00 p.m.
Saturday and Sunday 10:00 a.m. to 8:00 p.m.

Indoor Playground

(children under age 10 must be supervised by an adult)

Monday - Friday 9:00 a.m. to 2:00 p.m.
(for children under the age of 6)
2:00 p.m. to 8:00 p.m.
Saturday and Sunday 9:00 a.m. to 8:00 p.m.
Access may be limited during special events or parties.

Computer Lab

Monday - Friday 9:30 a.m. to 3:00 p.m. - Adults Only
3:00 p.m. to 8:00 p.m. - All Ages
Saturday and Sunday Available upon request

Gymnasium

The gym is available for basketball during all general hours of operation. Courts will generally be programmed in the afternoons after 3:00 p.m.

Adult Basketball

Saturday 10:00 a.m. to 12:00 noon
(ages 35 and up)

A Sustainable Future

Dear Islanders:

During this holiday season, I feel especially grateful to be a part of this wonderfully diverse and dynamic community. Through hard work, steadfast commitment, transparency and compassion, there is no project, initiative or challenge too big – or too difficult – that our community can't achieve. I truly believe if "we are good to each other – if we listen to and respect one another – we can get through anything."

Water quality is one such issue we are working diligently to improve. In early November, we convened a productive workshop so residents could hear the recommendations of various water experts in one comprehensive forum. We are working collaboratively with a variety of stakeholders including local officials, representatives from the public and private sectors, non-profit groups, attorneys and activist organizations to brainstorm about the Village's water quality issues.

Many efforts are currently underway to get to the bottom of the issue. We recognize the severity of the issue and have dedicated various resources to help us research and find solutions to our water quality dilemma. Two types of testing are currently being conducted. The first is to examine the quality and condition of our county-owned sewer system by checking underground pipes for problems such as infiltration, exfiltration and leaks of any kind.

We have also entered into a contract with the University of Miami to undergo a water sampling research project to identify and quantify bacterial levels in the water. Data are being collected, and we are sharing this data across all agencies and jurisdictions. We will provide residents with periodic updates as the research findings become available. Meanwhile, stormwater improvements are ongoing.

In an effort to get Key residents to think more about sustainable practices, I recently attended a Resilient 305 meeting, a new county-wide strategy to create a unified approach to examine ongoing issues in our community such as adaptation, sustainability and resilience. Our plan is to start by engaging students from our public K-8 to document resilience in action. Kids will be encouraged to take a photo of an environmentally friendly practice, such as new solar panels being installed in the home or their sibling riding their bike to school, and then share the photo, along with a short caption and the hashtag #KBResilience. Details about the program and the initial results will be rolled out soon.

I wish everyone a joyous, safe and healthy holiday season and all the best for 2020!

Andrea Agha
Village Manager



Andrea Agha
Village Manager

Membership Information

**Be an Active Islander – Join the Key Biscayne Community Center!
Just follow these easy steps:**



Complete the Community Center membership application

Forms are available at the front desk by calling 305-365-8900 or online at www.activeislander.org.



Show proof of residency

Proof of residency is required when applying for membership. A photo ID plus one of the following is acceptable as proof of residency: current vehicle registration certificate; copy of current real property tax bill or deed; certificate or letter from the Internal Revenue Service; current utility bill. Leases are no longer an acceptable form of proof of residency.



Pay the membership fee*

Membership can be paid by cash, check or credit card. Checks should be made payable to the Village of Key Biscayne.

Membership Category Descriptions

Adults—An adult membership is available to residents between the ages of 19 and 64, unless they are 25 or younger and currently enrolled in school.

Youth—A youth membership is available to any resident between the ages of 10 and 18.

Senior—A senior membership is available to any resident who is 65 or older.

Student—Any resident who is between the ages of 19 and 25 can apply for the student membership with proof of current school enrollment.

Couple—Any two individuals who reside at the same address may join as a couple. This would include one child and one adult or two adults.

Senior Couple—To qualify for a senior couple membership, both individuals must be 65 or older. If only one individual is over 65, the couple membership would apply.

Family—A family consists of up to four individuals, including no more than two adults who reside together. Families with more than four individuals may add additional family members at 50 percent off. Therefore, a family of five may add a third child for \$65.

Cancellation/Refund Policy

It's our goal to ensure that you enjoy our recreation programs. Therefore, if you are not completely satisfied with a class or program or are unable to participate for medical reasons, please contact us immediately. Credits or refunds will be considered for anyone who makes a request before the start of the second class or program. Requests received after the start of the second class or program may entitle the participant to a prorated refund. No refund or credit requests will be considered after an activity or program has concluded. Certain Trips and Tours may be transferable but non-refundable (please check with the Front Desk). Group Exercise Punch Passes are non-transferable and non-refundable. Community Center memberships are non-transferable and non-refundable.

Membership Categories

Category	Daily Resident	Daily Guest	Monthly	Yearly
Adults	\$9	\$13	\$55	\$300
Youth (10-18)	\$6	\$9	\$22	\$130
Senior (65+)	\$6	\$9	\$30	\$200
Student (19-25)	\$7	\$10	\$35	\$220
Couple	N/A	N/A	\$85	\$385
Senior Couple (both 65+)	N/A	N/A	\$50	\$300
Family (4 members)	N/A	N/A	\$110	\$525

*Note: Membership fees are subject to change.

Rules & Regulations

Key Biscayne Community Center Policies

- Membership in the Key Biscayne Community Center is limited to Key Biscayne residents and employees of the Village of Key Biscayne.
- Residents who are not yearly or monthly members may use all Community Center amenities by purchasing a daily membership. The cost of a daily membership may be applied to the purchase of an annual membership if purchased that day.
- Daily membership for residents is not required for limited access to the building.
- Members must scan their membership ID card when entering the building.
- Children age 10 and older are allowed to enter the Community Center with their membership ID card.
- Children under the age of 10 must be accompanied by an adult (16 or older) or must be enrolled and attending a program to enter the Community Center.
- Access to the Wellness Center is restricted to members and guests ages 16 and older.
- There is no charge for a caregiver who accompanies a member, as long as the caregiver does not use the facility. The caregiver must stay with the member at all times.
- Village of Key Biscayne staff members are authorized to forbid access to the Community Center and request removal from the facility of any individual in the case of misconduct.

Code of Conduct

All participants in the Community Center are expected to behave in such a manner as not to disturb others using the facility. Please adhere to the following code of conduct in and around the building:

- No foul or abusive language
- No fighting or rough play
- No glass containers
- No tobacco products
- No pets
- No weapons
- No alcohol
- No bouncing basketballs outside the gymnasium
- Activity appropriate footwear required on gymnasium or dance floors
- Appropriate clothing required
- No running or bouncing balls in hallways, stairwells or near pool

Failure to follow this code of conduct could result in disciplinary action, including removal from the facility and/or suspension or cancellation of membership.

Guest Policy

- Guests must be accompanied by a resident who has purchased a yearly, monthly or daily membership.
- Guests must register at the front desk and must purchase a guest pass.
- Guest passes are non-refundable.
- A maximum of two guests per member can be brought per day, unless special arrangements are made in advance.

Toddler Room Drop-In Care Policies

1. Drop-in care is for children one to five years of age (no exceptions).
2. Parents must sign in their child.
3. Punch Passes must be purchased at the front desk.
 - Member pass for 10 hours: \$70
 - Member pass per hour: \$7
 - Non-member one-hour pass: \$10
4. Drop-in care is on a first-come, first-serve basis.
5. There is an eight-to-one and a 15-to-two ratio: We reserve the right to reduce that limit if the number of younger children is too high.
6. There is a two-hour maximum time slot for each child (no exceptions).
7. Parents or guardians are responsible for all diaper changes.
8. Parents must be in the Key Biscayne Community Center while their child is in childcare.
9. Sick children will be denied entry to the drop-in program.
10. If a child is acting in an inappropriate or disrespectful manner, the parents will be called to remove the child.

Toddler Room Drop-In Care Hours of Operation

Monday - Friday	8:00 a.m.-12:00 noon
	4:00 p.m.-8:00 p.m.
Saturday and Sunday	Closed

- A guest may attend the Community Center a maximum of 12 times per calendar year.
- A guest may register for a class or activity provided space is available the day of the class.
- Members are responsible for the conduct of their guests, including supervision of children. Members will be responsible for any damage to equipment or facilities caused by their guests.
- A member who brings a guest who is disruptive and/or breaks the code of conduct may be subject to losing any and all privileges.

Refund Policy

It's our goal to ensure that you enjoy our recreation programs. Therefore, if you are not completely satisfied with a class or program or are unable to participate for medical reasons, please contact us immediately. Credits or refunds will be considered for anyone who makes a request before the start of the second class or program. Requests received after the start of the second class or program may entitle the participant to a prorated refund. No refund or credit requests will be considered after an activity or program has concluded. Certain Trips and Tours may be transferable but non-refundable (please check with the Front Desk). Group Exercise Punch Passes are non-transferable and non-refundable. Community Center memberships are non-transferable and non-refundable.

ADA Policy

The Village of Key Biscayne gladly complies with the provisions of the Americans with Disabilities Act. Persons needing reasonable accommodation to attend or participate in any program may call 305-365-8900. Please allow two weeks prior to the activity or need of assistance to accommodate the request.

Youth & Teen Programs



ARTS & CRAFTS

Art Lab for Toddlers (ages 18 months-3 years)

Children will be encouraged in the development of their natural potential, curiosity and interest. They will be introduced to a variety of art materials: clay, crayons, tempera, wire, cardboard, acrylic, pastels, foam, water-colors, markers, and much more. By exploring these materials, children will learn their endless possibilities while having fun creating experimental art pieces. Limit of 15 students per class. Class fee includes all materials and take-home projects. For more information, please contact YupiAtPlay@gmail.com.

Instructor	Yupi Instructor
Days	Tuesdays
Time	4:00-4:45 p.m. NEW TIME!
Session 1	January 14-February 25 (7 weeks)
Session 2	March 3-April 14 (6 weeks; no class March 24)
Session 3	April 21-May 26 (6 weeks)
Days	Thursdays
Time	4:00-4:45 p.m.
Session 1	January 16-February 27 (7 weeks)
Session 2	March 5-April 16 (6 weeks; no class March 26)
Session 3	April 23-May 28 (6 weeks)
Member Fee	\$210 (Session 1) \$180 (Session 2 & 3)
Non-Member Fee	\$252 (Session 1) \$216 (Session 2 & 3)

Art Lab for Pre-Schoolers (ages 3-5 years)

Children will embark on an art adventure through the exploration of different techniques like collage, painting, print-making, mosaic, sculpture and drawing. Paint, clay, paper, wire and fabrics are some of the materials that will be used to create art pieces. Session includes individual as well as group projects in an environment that encourages curiosity, imagination, problem solving and creativity. Children will be inspired to begin their own artistic journey. Limit of 15 students per class. Class fee includes all materials and take-home projects. For more information, please contact YupiAtPlay@gmail.com.

Instructor	Yupi Instructor
Days	Tuesdays
Time	5:00-6:00 p.m.
Session 1	January 14-February 25 (7 weeks)
Session 2	March 3-April 14 (6 weeks; no class March 24)
Session 3	April 21-May 26 (6 weeks)
Days	Thursdays
Time	5:00-6:00 p.m.
Session 1	January 16-February 27 (7 weeks)
Session 2	March 5-April 16 (6 weeks; no class March 26)
Session 3	April 23-May 28 (6 weeks)
Member Fee	\$210 (Session 1) \$180 (Session 2 & 3)
Non-Member Fee	\$252 (Session 1) \$216 (Session 2 & 3)

WEEKLY CLASS SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
4:30 p.m. Art Studio ages 5-8 years	4:00 p.m. Art Lab ages 18 mos-3 years	4:00 p.m. Clay Studio ages 6-12 years	4:00 p.m. Art Lab ages 18 mos-3 years
6:00 p.m. Art Studio ages 8-12 years	5:00 p.m. Art Lab ages 3-5 years		5:00 p.m. Art Lab ages 3-5 years

Youth & Teen Programs

Art Studio for Kids (ages 5-8 years)

Through drawing, painting, collage, printmaking, sculpture and other materials and techniques, children will develop skills while working from still-life and imagination. Students will also explore a variety of media, including charcoal, watercolors, ink, clay and more. Limit of 15 students per class. Class fee includes a sketchbook, all materials and take-home projects. For more information, please visit www.LauraVillarreal.com or call 305-804-8624.

Days	Mondays
Time	4:30-5:45 p.m.
Instructor	DOT by Laura Villarreal
Session 1	January 13-March 2 (6 weeks; no class Jan. 20 or Feb. 17)
Session 2	March 9-April 13 (5 weeks; no class March 23)
Session 3	April 20-May 18 (5 weeks)
Member Fee	\$240 (Session 1) \$200 (Session 2 & 3)
Non-Member Fee	\$288 (Session 1) \$240 (Session 2 & 3)

Art Studio for Kids (ages 8-12 years)

Children will enjoy an in-depth artistic experience through the creation of pieces inspired by famous artists and movements. Elements of art, principles of design and drawing techniques will be introduced. Students will use their creativity to build their own art pieces, applying the knowledge acquired into drawing, painting and sculpture. Limit of 15 students per class. Class fee includes a sketchbook, all materials and take-home projects. For more information, please visit www.LauraVillarreal.com or call 305-804-8624.

Days	Mondays
Time	6:00-7:15 p.m.
Instructor	DOT by Laura Villarreal
Session 1	January 13-March 2 (6 weeks; no class Jan. 20 or Feb. 17)
Session 2	March 9-April 13 (5 weeks; no class March 23)
Session 3	April 20-May 18 (5 weeks)
Member Fee	\$240 (Session 1) \$200 (Session 2 & 3)
Non-Member Fee	\$288 (Session 1) \$240 (Session 2 & 3)

Clay Studio (ages 6-12 years)

Through the use of clay, students will explore a variety of hand-building, texturing, glazing and firing methods for stoneware clay. They will become aware of the nuances of shaping clay with their hands and learn how to create 3-dimensional forms through experimentation with this ancestral material. Limit of 15 students per class. Class includes all materials and take-home projects. For more information, please contact Laura@LauraVillarreal.com or call 305-804-8624.

Days	Wednesdays
Time	4:00-5:15 p.m.
Instructor	Guadalupe Lopez Reyna
Session 1	January 15-February 26 (7 weeks)
Session 2	March 4 -April 15 (6 weeks; no class March 25)
Session 3	April 22-May 27 (6 weeks)
Member Fee	\$280 (Session 1) \$240 (Sessions 2 & 3)
Non-Member Fee	\$336 (Session 1) \$288 (Sessions 2 & 3)



Youth & Teen Programs

BABY AND TODDLER

Mommy and Me

A multi-sensory bilingual program created for little ones and their parent or caregiver. The class offers developmentally appropriate experiences through discovery and exploration while children play with non-conventional materials such as feathers, cardboard and fabrics, among other items. Each class includes a circle time with stories, songs and puppetry. The program promotes social, emotional, cognitive and physical growth with no formulas to follow, just opportunities to giggle and grow. Limit of 15 students per class. For more information, please contact YupiAtPlay@gmail.com.

Ages	8 months-3 years
Days	Wednesdays & Fridays
Time	9:30-10:30 a.m.
Location	Game Room
Instructor	Yupi Instructor



Session 1	January 15-February 28 (7 weeks)
Session 2	March 4-April 17 (6 weeks; no class March 25 or 27)
Session 3	April 22-May 29 (6 weeks)
Member Fee	\$175 (1x/week) or \$308 (2x/week) – Session 1 \$150 (1x/week) or \$265 (2x/week) – Session 2 & 3
Non-Member Fee	\$210 (1x/week) or \$369 (2x/week) – Session 1 \$180 (1x/week) or \$317 (2x/week) – Session 2 & 3

Kids Make Music

Give your child the gift of music! This program provides an opportunity for young children to experience, explore and create music in a relaxed and playful environment. Classes meet once a week for 45 minutes so students can sing, chant, move, dance and jam! Participants must register per day or for the entire session.

Ages	1 year & up
Days	Mondays
Time	11:00-11:45 a.m.
Location	Game Room
Instructor	KMM Instructor
Session 1	January 6-February 10 (no class Jan. 20 or Feb. 17)
Session 2	February 24-March 30 (no class March 23)
Session 3	April 6-May 4
Session 4	May 11-June 1 (pro-rated; no class May 25)
Member Fee	\$125/session or \$28/class
Non-Member Fee	\$150/session or \$33/class

Swim & Sports Play Time for Toddlers

NEW!

Swim Kids Swimming School presents a toddler program with quality instruction and friendly encouragement in a safe environment with a certified lifeguard on duty at all times. This program includes semi-private swimming lessons from an experienced instructor, open swim playtime, arts and crafts, music, songs, sports and recreational activities at the Village Green Park. Registration cannot be pro-rated and is required at least 3 days prior to beginning of each session to ensure proper staffing. Maximum of 15 children. For more information, please contact SwimKidSchool@gmail.com or 305-365-0555.

Ages	2½ -4 years old
Days	Tuesdays & Thursdays
Time	9:00 a.m.-12:00 noon
Location	Pool & Village Green
Instructor	Swim Kids Instructor
Session 1	March 3-April 2 (no class March 24 or 26)
Session 2	April 7-30
Session 3	May 5-28
Member Fee	\$360
Non-Member Fee	\$432

NEW PRICE!



Youth & Teen Programs

MUSIC AND PERFORMING ARTS

Ultimate Guitar

This class is designed for young guitar players who are just discovering their love of the instrument or are already at an intermediate level. Taught using a highly effective curriculum, this class uses a multi-style approach focusing on correct technique and music reading. Children will have fun in a relaxed environment where they can play their favorite songs. Please bring your own guitar. Sessions are 5 weeks long.

Ages	8 years & up
Days	Wednesdays
Time	2:30-3:30 p.m. (Beginner)
Time	3:30-4:30 p.m. (Intermediate)
Location	Island Room
Instructor	Angeles Padilla
Session 1	January 8-February 12 (pro-rated)
Session 2	February 19-March 18 (no class March 25)
Session 3	April 1-29
Session 4	May 6-June 3
Member Fee	\$135
Non-Member Fee	\$162



KB Strings Orchestra

Ali Larson brings high-quality and engaging instrumental and group instruction to the Key. Group lessons and rehearsals are fun and exciting with this comprehensive strings program! Choose from violin, viola, cello or bass. **Beginner Youth Orchestra** is the perfect introduction to learning an instrument that has been known to increase math comprehension as well as strengthen language and problem-solving skills. **Suzuki Play-In Group** is a class for current string students combining the necessary practices of classical string techniques along with Suzuki repertoire review. **Advanced String Ensemble** is a unique ensemble class consisting of a small number of students playing together expanded quartet style. Previous experience and/or audition are required for placement in the Suzuki Play-In Group and Advanced String Ensemble. Private lessons and instrument rentals are available. Pro-rating must be approved by KB Strings staff. Parent participation is encouraged. For more information, please visit www.KBStrings.MyMusicStaff.com or contact Samantha at Sami.KBStrings@gmail.com or 305-407-4128.

Beginner Youth Orchestra

Ages	8 years & up
Days	Wednesdays
Time	2:15-3:15 p.m.
Location	Island Room
Instructor	Ali Larson & Emma Larson
Session	January 8-June 3 (20 classes; no class March 25 or April 15)
Member Fee	\$400
Non-Member Fee	\$480



Suzuki Play-In Group

Ages	5 years & up (requires instructor approval)
Days	Thursdays
Time	7:00-8:00 p.m.
Location	Island Room
Instructor	Ali Larson & Emma Larson
Session	January 9-May 21 (17 classes; no class March 26, April 9 or April 16)
Member Fee	\$340
Non-Member Fee	\$408



Advanced String Ensemble

Ages	12 years & up (by audition only)
Days	Thursdays
Time	8:00-9:00 p.m.
Location	Island Room
Instructor	Ali Larson
Session	January 9-May 21 (17 classes; no class March 26, April 9 or April 16)
Member Fee	\$340
Non-Member Fee	\$408

Youth & Teen Programs



Fit Start for Young Women

NEW!

Fit Start is a new teen wellness program that teaches age-appropriate fitness, nutrition and emotional health to young women ages 11-17. The curriculum covers topics such as self-esteem, trauma, bullying, respect, social media responsibility, kindness, service, etc. Classes will be taught by qualified counselors following a safe and age-appropriate curriculum. Participants must register for the entire session. For more information, please contact instructor Mary Stevens at MaryKeifStevens@gmail.com.

Ages	11-17 years
Days	Thursdays
Time	5:00-6:00 p.m.
Location	Oasis Room
Instructor	Mary Stevens

Session 1	January 16-March 12 (no class Feb. 6)
Session 2	March 19-May 21 (no class March 26 or April 16)

Member Fee	\$96 per 8-week session
Non-Member Fee	\$115 per 8-week session

SPECIAL PROGRAMS

Homework Club

Catch up on class work or fine-tune your academic skills with this after school club.

Ages	Grades 1-8
Days	Mondays-Thursdays
Time	After School
Location	Game Room
Member Fee	Free
Non-Member Fee	\$6 per day

Dodgeball Club

Have fun with this club for dodgeball fanatics.

Days	Wednesdays
Time	2:30 p.m. (ages 5-7)
Time	3:00 p.m. (ages 8-12)
Location	Gymnasium
Fee	Every child pays \$5 per month

Jewelry Design

Create customized, stylish jewelry that's ready for you and your friends to wear! Choose from a huge selection of hot colors, textures and unique beads to make one-of-a-kind pieces. Judi Koslen has been sharing her jewelry-making expertise with Key Biscayners of all ages for decades and will gladly help you unleash your creativity. Basic materials are included in the class fee.

Ages	4 years & up
Days	Mondays, Tuesdays & Thursdays
Time	3:00-6:00 p.m.
Location	Second Floor Lobby
Instructor	Judi Koslen
Session	Ongoing
Member Fee	\$10 per class
Non-Member Fee	\$12 per class



Youth & Teen STEM Programs

ROBOTICS & CODING

Coding for Beginners & Intermediate

Coding enables us to create computer software, applications (“apps”) and websites. Your browser, your operating system (OS) and the apps on your phone are all made with code. Learning code, like Java, enables children to develop logical thinking and improve problem-solving skills. It helps them be the creators of technology, not just the users of it, leading them to better understand computers in our automated world.

Students with some knowledge of Scratch – and with the ability to learn other coding languages like JavaScript – will learn how to create and animate artistic drawings, including self-portraits. Python and Ruby programming languages will be taught. Students will also learn the basics of making a web page and website. Female students interested in the Code/Art, a girls-only competition held in February, will receive assistance in preparing their application.

Class is limited to 20 students. For questions, please visit www.RoboTecnica.Weebly.com or contact Ms. Valle at 305-799-6242.

Ages	6-12 years
Days	Tuesdays
Time	4:00-5:00 p.m.
Location	Computer Lab
Session	January 28-May 5 (no class February 18, March 24 or April 14)
Instructor	Maria Teresa Valle
Member Fee	\$216 (12 classes)
Non-Member Fee	\$259 (12 classes)



Youth & Teen Programs



Acting for Television

Mastering the craft of acting demands a strong technical foundation. This new class is structured to introduce children and teens to the essentials of filmmaking while creating a fun and supportive environment in which they can pursue their passion. Hands-on activities include the safe use of digital cameras, portable lighting, and microphones. Class topics include: Acting for Film; Acting Technique; Film Craft; Text Analysis; Speech; Voice and Movement; Improvisation; Business of Acting; and Audition Technique. Over the past 4 years, Same Tag Television Arts Group has built a reputation as one of Miami's premier acting schools. The project-based curriculum is designed to reflect a real-world environment while encouraging students to explore their own creativity and passions. For more information, email Contact@SameTagTV.com or call 305-986-8966.

Ages	7-11 years
Days	Fridays
Time	4:00-6:00 p.m.
Location	Island Room
Instructor	Same Tag Television Arts Group

Session 1	January 10-31
Session 2	February 7-28
Session 3	March 6-April 3 (no class March 27)
Session 4	April 17-May 8 (no class April 10)
Session 5	May 15-29 (pro-rated)

Member Fee	\$220/session or \$70/class
Non-Member Fee	\$264/session or \$84/class



Photo courtesy of Evelyn Diaz Photography

Chess Academy

Capablanca Chess Academy is proud to offer a chess program taught by an International Chess Master. All levels are welcomed. Students will be taught critical thinking skills and visualizations skills to help them improve their game. Students will learn opening principles, basic tactics and strategies, check, how to get out of check and how to checkmate, end-game techniques and checkmate patterns. Participants will also have the opportunity to play with other players and receive feedback from a coach. For more information, contact Ms. Chavez at Info@CapablancaChessAcademy.com or 305-209-2469.

Ages	6-13 years
Days	Mondays
Time	4:30-6:00 p.m.
Location	Island Room
Instructor	Capablanca Chess Academy

Session	January 6-June 1 (no class on Jan. 20, Feb. 17, March 23 or May 25)
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Member Fee	\$450
Non-Member Fee	\$540



Youth Dance Programs

Flamenco for Kids

This program explores the wonderful art of flamenco dance, percussion, singing, guitar, culture, language and history. Furia Flamenca is the leading dance studio in Miami offering a unique curriculum specifically designed for flamenco dance. Together with some of the best flamenco dance teachers from Spain, Furia Flamenca has created a full educational program that will make children fall in love with this unique dance form. For more information, contact Ana Hidalgo at Info@FuriaFlamenca.com.

Days	Thursdays
Time	3:00-4:00 p.m. (ages 2-3 years)
Time	4:00-5:00 p.m. (ages 4-5 years)
Time	5:00-6:00 p.m. (ages 6-8 years)
Time	6:00-7:00 p.m. (ages 9-13 years)
Location	Island Room
Instructor	Furia Flamenca
Session 1	January 9-February 27
Session 2	March 5-April 30 (no class March 26)
Session 3	May 7-June 4 (pro-rated)
Member Fee	\$210
Non-Member Fee	\$252



Hip Hop Kidz & Teenz

Learn the latest hip-hop choreography to the coolest music from shows like So You Think You Can Dance and America's Best Dance Crew in a fun, creative and easy-to-learn atmosphere. In this class, students will learn and understand musical beats and perform to awesome choreography as if they were dancing in their very own music video. Students will attain a heightened sense of self-esteem and body awareness, make new friends and learn to work as a team. Students enrolled will have the opportunity to participate in a year-end showcase and amazing community performances.

Days	Wednesdays
Location	Island Room
Instructor	Ali Rae
Session 1	January 8-March 18 (11 weeks; no class March 25)
Session 2	April 1-June 3 (10 weeks)

Hip Hop Kidz (ages 7-11 years)

Time	4:00-5:00 p.m.
Member Fee	\$275 (Session 1) \$250 (Session 2)
Non-Member Fee	\$330 (Session 1) \$300 (Session 2)

Hip Hop Teenz (ages 12-18 years)

Time	5:00-6:30 p.m.
Member Fee	\$330 (Session 1) \$300 (Session 2)
Non-Member Fee	\$396 (Session 1) \$360 (Session 2)



Broadway Musical Theatre Program



The Broadway Musical Theatre (BMT) Program, named "one of the best theatre programs in the country" by critic Richard Cameron, presents a theatre program that trains students to become triple threat performers: unparalleled actors, singers and dancers! Each class will consist of the technical aspects of ballet, jazz, tap and improvisation to learn the various styles and choreographies of Broadway's most famous musicals. In the beginning levels, fundamental technique and style will be introduced in the three areas (dance, song and acting). In the more advanced levels, a range of styles, sophisticated technique and vocal performance will be the focus. For more information, visit www.Facebook.com/BroadwayMusicalTheatre.

Session	January 21-May 16 (16 weeks; no class March 23-28)
Location	Dance Studio

Broadway Group 1

Ages	5-6 years
Days	Mondays (Singing)
Days	Fridays (Dancing/Acting)
Time	4:30-5:30 p.m.
Member Fee	\$650
Non-Member Fee	\$780

Broadway Group 2

Ages	7-8 years
Days	Wednesdays (Singing)
Days	Thursdays (Dancing)
Days	Fridays (Acting/Rehearsal)
Time	3:30-4:30 p.m.
Member Fee	\$750
Non-Member Fee	\$900

Broadway Group 3

Ages	9-10 years
Days	Mondays (Singing)
Days	Tuesdays (Dancing)
Days	Thursdays (Acting/Rehearsal)
Time	3:30-4:30 p.m.
Member Fee	\$750
Non-Member Fee	\$900

Pre-Company (for Advanced Students)

Ages	9-12 years
Days	Tuesdays (Singing)
Days	Wednesdays (Dancing)
Days	Thursdays (Acting/Rehearsal)
Days	Saturdays (some Saturdays by invite)
Time	4:30-5:30 p.m.
Member Fee	\$750
Non-Member Fee	\$900

Company (by invite only)

Advanced singing, dancing and acting classes and workshops. Instructor approval required to register for this class. Please contact 786-223-9663 for more information.

Ages	12-16 years
Days	Saturdays
Time	1:00-4:00 p.m.
Member Fee	\$550 or \$200 if combined with Pre-Company
Non-Member Fee	\$660 or \$240 if combined with Pre-Company

BMT WEEKLY SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
3:30 p.m. Group 3 ages 9-10 yrs	3:30 p.m. Group 3 ages 9-10 yrs	3:30 p.m. Group 2 ages 7-8 yrs	3:30 p.m. Groups 2 & 3 ages 7-10 yrs	3:30 p.m. Group 2 ages 7-8 yrs	1:00 p.m. Company Advanced classes and workshops
4:30 p.m. Group 1 ages 5-6 yrs	4:30 p.m. Pre-Company ages 9-12 yrs	4:30 p.m. Pre-Company ages 9-12 yrs	4:30 p.m. Pre-Company ages 9-12 yrs	4:30 p.m. Group 1 ages 5-6 yrs	

Maria Verdeja School of the Arts

The Maria Verdeja School of the Arts has been serving the Miami community for more than three decades at three dance studios. They proudly offer classes in various dance styles, including ballet, pointe, jazz, contemporary, tap and acro. Experienced and first-time dancers are welcomed to join the program.

Classical Ballet

Considered the foundation to all dance forms, Classical Ballet is the contrast between strong leg movements and the graceful upper body. Technique is based on body alignment, proper placement and posture. Barre and center floor work are combined with choreography combinations to teach musicality, rhythm, coordination and flexibility.

**Participants are required to take ballet twice per week.*

Contemporary

Contemporary dance utilizes both the strong and controlled legwork of ballet and modern dance's stress on the torso and employs contact-release, floor work, fall and recovery and improvisation characteristic of modern dance. Unpredictable changes in rhythm, speed and direction are also used. Dancers use motion to interpret music and express emotion.

Jazz Funk

An exciting and derivative style that incorporates both elements and techniques of jazz and hip-hop. Choreography and energetic skills such as high kicks and large jumps are taught to pop and hip-hop music.

Tap

A form of dance that uses quick and precise footwork to create rhythmic sounds and syncopation with the tap shoe. This is a lively, rhythmic dance style that makes the performer not just a dancer, but also a percussive musician.

Acro

This tumbling course develops balance, coordination, strength and elasticity by perfecting skills in dance stunts and flips.

Session 1

January 6-March 19

(no class January 20 or February 17)

Session 2

March 30-June 4

(no class May 25)

FEES Classes/Week	Session 1 Fee (11 weeks)	
	Member	Non-Member
1 class	\$253	\$304
2 classes	\$407	\$488
3 classes	\$495	\$594
4 classes	\$594	\$713
5 classes	\$660	\$792
6 classes	\$726	\$871

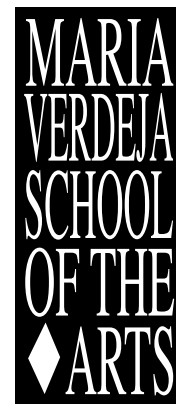
No charge for 7th and 8th classes

FEES Classes/Week	Session 2 Fee (10 weeks)	
	Member	Non-Member
1 class	\$230	\$276
2 classes	\$370	\$444
3 classes	\$450	\$540
4 classes	\$540	\$648
5 classes	\$600	\$720
6 classes	\$660	\$792

No charge for 7th and 8th classes

Additional Fees: Information about annual registration, uniforms and costume fees are provided by instructors. These fees are paid directly to Maria Verdeja School of the Arts.

GROUP LEVELS	
Grade	Group
Pre-K3 & Pre-K4	MINT: Ballet
Kindergarten - 1st Grade	FUSCHIA: Ballet/Jazz Funk/Acro
2nd - 3rd Grade	AQUA: Ballet/Jazz Funk/Acro/Tap
4th - 5th Grade	BURGUNDY: Ballet/Jazz Funk/Acro/Tap/Cont/Pointe Beg
6th - 7th Grade	PURPLE: Ballet/Jazz Funk/Acro/Cont/Pointe Beg & Int
8th - 12th Grade	BLACK: Ballet/Jazz Funk/Acro/Cont/Pointe Int & Adv



Youth & Teen Programs



YOUTH FITNESS & SPORTS

Triathlon for Kids & Teens

At Tri4Kidz, participants will develop both as individual athletes and as members of a team, mastering new skills and discovering their athletic talents, through fun and challenging workouts in a positive team environment. This is the only United States Triathlon Association (USAT) Triathlon Sanctioned Club in South Florida, led by USA Triathlon Youth and Junior Elite Certified Coach Liliana "Lilly" Montes. Passionate, experienced and certified coaches will assist young athletes in achieving their full potential while they are having fun swimming, biking, and running. This program is designed for youth of all abilities from the ages of 6 to 17 (beginner to emerging youth-elite athlete). REQUIREMENTS: Swim 25 yards using the freestyle stroke, ride a bike without training wheels, run for 10 minutes continuously, must sign a waiver when registering. New participants MUST be evaluated prior to registering. **Evaluations will take place at 9:30 a.m. at the Community Center on Saturdays: January 11, February 1, February 29, April 4 and May 2.** For more information, visit www.Tri4Kidz.com or contact Info@Tri4Kidz.com or call 786-873-1234.

Ages	Tri4Kidz (ages 6-10 years) Tri4Teenz (ages 11-16 years) Advanced Team (ages 9-17) Tri4Kidz Coach
Instructor	
Session 1	January 6-February 1 (no class Jan. 20)
Session 2	February 3-29 (no class Feb. 17)
Session 3	March 2-April 4 (no class March 23-28)
Session 4	April 6-May 2 (no class April 9)
Session 5	May 4-June 6 (pro-rated)
Member Fee	\$185 (2x/week) \$220 (3-4x/week) \$225 (5x/week)
Non-Member Fee	\$222 (2x/week) \$264 (3-4x/week) \$270 (5x/week)

TRIATHLON FOR KIDS & TEENS WEEKLY SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	SATURDAY
5:00 p.m. Run – Village Green Tri4Teenz		4:45 p.m. Bike – Crandon Park Tri4Teenz	5:45 p.m. Bike – Village Green Tri4Kidz	9:00 a.m. Swim – KBCC Tri4Kidz
		5:00 p.m. Run – Village Green Tri4Kidz		
5:45 p.m. & 6:30 p.m. Swim – KBCC Tri4Kidz	5:00 p.m. Bike – Crandon Park Advanced Team	5:45 p.m. & 6:30 p.m. Swim – KBCC Tri4Kidz	5:00 p.m. Run – Village Green Advanced Team	9:45 a.m. Bricks – KBCC Tri4Teenz & Advanced Team
7:15 p.m. Swim – KBCC Advanced Team	7:00 p.m. & 7:45 p.m. Swim – KBCC Tri4Teenz	7:15 p.m. Swim – KBCC Advanced Team	7:00 p.m. & 7:45 p.m. Swim – KBCC Tri4Teenz	

Schedule is subject to change at any time without prior notice. Please check with Tri4Kidz coach to confirm the schedule.



Youth & Teen Programs

Young Athletes Inclusive Sports Program for Toddlers

The Young Athletes Program (YAP) is an inclusive early childhood sports play program that includes games, songs and other fun physical activities for young children. YAP unites children with and without disabilities to play together as they practice and engage in basic sports skills. Young Athletes learn basic sports skills to help prepare them to participate in traditional sports programs when they are older, such as those offered by the Village of Key Biscayne and Special Olympics. Participants also develop motor, social, language and cognitive skills that are important for success in life beyond the athletic arena. Motor development activities improve balance, flexibility, strength and coordination as they practice their sports skills. For more information, please visit www.SpecialOlympics.org/Young-Athletes. Parents/caregivers must be able to stay and participate with their children. Pre-registration at the Front Desk is required.

Ages	2½ to 5 years
Days	Tuesdays & Thursdays
Time	4:15-4:45 p.m.
Location	Adult Lounge
Instructor	YAP Coach
Session	January 21-May 21 (no class March 24 or 26)
Fee	Free with pre-registration



GYMNASTICS

Join the American Gymsters coaches and staff for an outrageously good time! Boys and girls of all gymnastics skill levels will have a great time working on the vault, beam, bars, floor and trampoline... along with other fun activities!

Ages	4 years & up
Location	Gymnasium
Session 1	January 7-February 29
Session 2	March 3-May 2 (no class March 24 or 28)
Session 3	May 5-June 6 (pro-rated)
Member Fee	\$200 (1x/week) \$360 (2x/week)
Non-Member Fee	\$240 (1x/week) \$430 (2x/week)
Additional Insurance Payment	\$70 per year (made payable to American Gymsters)

AMERICAN GYMSTERS WEEKLY SCHEDULE

	Tuesdays	Saturdays
Tiny	3:30-4:25 p.m.	N/A
Beginner	4:30-5:25 p.m.	9:30-10:30 a.m.
Intermediate	5:30-6:25 p.m.	9:30-10:30 a.m.
Advanced	6:30-8:00 p.m.	10:30 a.m.-12:00 noon



Winter & Spring Break Camps



KBCC SPRING BREAK CAMP

Ages	K-8th Grades
Time	8:00 a.m.-4:00 p.m.
Session	March 23-27
Member Fee	\$190/week or \$50/day
Non-Member Fee	\$230/week or \$60/day
Late Care	4:00-6:00 p.m.
Member Fee	\$10 per day
Non-Member Fee	\$15 per day

RAT'S DAY OFF (TEACHER PLANNING DAYS)

When Key Rats are off from school for teacher planning days and school breaks, they can spend the day having fun in a safe environment. Each full-day program offers a variety of activities, which may include arts and crafts, outdoor and indoor games, sports, movies and much more. Lunch is not included, so please don't forget to bring your own. Please register in advance to ensure proper staffing and child supervision.

Ages	K-8th Grades
Time	8:00 a.m.-3:00 p.m.
Dates	Friday, April 10 Thursday, June 4 Friday, June 5
Member Fee	\$45 per day
Non-Member Fee	\$52 per day
Late Care	3:00-6:00 p.m.
Member Fee	\$15 per day
Non-Member Fee	\$18 per day



SPORTS CAMP

Calling all sports enthusiasts! Whether you're a sports pro or want to learn some new skills, you'll have a blast in Tony Goudie's sports camps. Tony offers a fun-filled camp experience where you'll make new friends and memories to last a lifetime. This is a non-competitive environment where you can play your favorite games and perhaps learn a new sport.

Ages	6-14 years
Time	10:00 a.m.-2:00 p.m.
Location	Gymnasium & Village Green
Instructor	Tony Goudie
Session 1	December 30-January 3 (no camp Jan. 1)
Session 2	March 23-27
Session 3	April 13-17
Member Fee	\$128 (Session 1) \$160 (Session 2 & 3) or \$40 per day
Non-Member Fee	\$154 (Session 1) \$192 (Session 2 & 3) or \$48 per day

MARINE BIOLOGY CAMP

Professor Loisel has taught marine biology to students of all ages for more than five decades and was the host of the PBS television series *Marine Aquarium World*. For more than three decades, he has brought this unique camp experience to Key Biscayne. During the week, kids will explore the rocky inter-tidal zone at Bear Cut, learn about interesting marine animals, visit the Miami Seaquarium, learn to tag fish for scientific research and much more! Participants must register for the entire week.

Ages	8-14 years
Days	Monday-Friday
Time	9:00 a.m.-1:00 p.m.
Instructor	Gerard Loisel
Session	March 23-27
Member Fee	\$190
Non-Member Fee	\$228

ATHLETICS

Welcome to another great season of Key Biscayne Spring Baseball and Softball. This fun-filled season will provide children with the skills to play recreational or travel baseball and softball. Program prices include uniforms, trophies, umpires, opening/closing day celebrations, and more.

Please note that ages are a guideline and players will ultimately be placed according to ability.

Save the Date! Saturday, March 7, 2020

Opening Day Celebration and First Games

Registration	January 27-February 29
Evaluations	February 25, 27 & 29
Free Clinics	February 8 & 22

Co-Ed Recreational Baseball

DIVISION	AGES	FEE
T-Ball	5-7 years	\$185
Coach Pitch	7-10 years	\$250
Mustang	10-13 years	\$250

Girls Recreational Softball

DIVISION	AGES	FEE
Junior & Senior	9-14 years	\$250

Age divisions will be based on number of athletes registered and age/levels of kids playing.

KEY BISCAYNE BASKETBALL ACADEMY

Take part in this action-packed basketball program designed to strengthen a player's game and spirit. Boys and girls will learn good sportsmanship, develop strong playing skills and build lasting friendships.

Ages	6-14 years
Days	Mondays & Fridays
Times	
Beginners	3:15-4:15 p.m.
Intermediate & Advanced	4:15-5:15 p.m.
Instructor	Tony Goudie
Session 1	January 6-31
Session 2	February 3-28
Session 3	March 2-27
Session 4	March 30-April 24
Session 5	April 27-June 5 (pro-rated)
Member Fee	\$150
Non-Member Fee	\$180

Track & Field

Ages	7-12 years
Days	Mondays & Fridays
Time	3:30-4:30 p.m.
Days	Wednesdays
Time	3:00-4:30 p.m.
Location	Key Biscayne K-8 Center
Sessions	January 6-June 3

Flyer with additional details available at KBCC Front Desk

Spring Soccer

The Key Biscayne Soccer Club serves boys and girls ages 3 to 16 years of age. Programs include PeeWee, Intramural/Recreational and Competitive Travel (tryout required).

For more information

visit: www.KeyBiscayneSoccerClub.com

email: Webmaster@KeyBiscayneSoccerClub.com



KBBA
KEY BISCAYNE BASKETBALL ACADEMY

Team Key Aquatics



Interested in joining TKA?

Please contact Coach Gaby at 786-200-6717 prior to registering.

Practice days and times are subject to change.

For more information about TKA and the programs we offer, please visit www.TeamKeyAquatics.com and connect with us on Instagram@TeamKeyAquatics.



If you love water and are willing to work hard to develop and maximize your aquatic skills, then Team Key Aquatic's (TKA) SwimFit and Water Polo are definitely for you!

Through aquatic sports, TKA strives to foster the growth and development of each athlete, regardless of age or ability, in a dynamic environment that encourages goal-setting, dedication, hard work, discipline and a personal commitment to the pursuit of excellence.

TKA's SwimFit is a conditioning program that mixes swimming, running, push-ups, sit-ups, squats, elements of surfing and other functional movements. TKA athletes are coached to swim freestyle, breaststroke, butterfly and backstroke. The group workouts are short, highly intense and constantly changing, making them fun yet challenging. TKA coaches strive to make their athletes functionally fit.

TKA's Water Polo program is a combination of swimming, soccer, basketball and rugby. Playing water polo pushes your body to the limits because it requires that you swim constantly. TKA coaches focus on the development of each athlete's attitude and knowledge of the game.

Session 1	January 6-31 (no class Jan. 20)
Session 2	February 3-28 (no class Feb. 17)
Session 3	March 2-27
Session 4	March 30-April 24
Session 5	April 27-June 5 (pro-rated 6 weeks; no class May 25)
Days	Mondays-Fridays
Member Fee	\$180 (1st swimmer) \$150 (2nd swimmer) \$75 (3rd swimmer)
Non-Member Fee	\$216 (1st swimmer) \$180 (2nd swimmer) \$90 (3rd swimmer)

Note: 4th swimmer is free of charge

Note: Late payments are subject to an additional \$35 fee.

3:05 SwimFit Crew

3:05 SwimFit Crew athletes are at least 4 years old and can swim the length of the pool unassisted. They learn how to safely get in and out of the pool and focus on breathing bubbles while having their head in the water for several seconds. Freestyle kicking is introduced with the goal of getting across the pool without stopping.

Time 3:05-3:25 p.m.

3:30 SwimFit Crew

3:30 SwimFit Crew athletes continue learning the "do's and don'ts" of pool safety. Freestyle kicking is further developed while freestyle arms is introduced with the goal of getting across the pool quickly and efficiently.

Time 3:30-3:50 p.m.

3:55 SwimFit Crew

3:55 SwimFit Crew athletes are introduced to basic dry-land body weight movements, such as squats, push-ups, lunges and sit-ups. While the goal is to improve freestyle drills and techniques, the breaststroke kick is introduced at this level. Swimmers will learn to swim more than one lap at a time without losing stroke ability, speed or efficiency.

Time 3:55-4:25 p.m.

4:30 SwimFit Crew

4:30 SwimFit Crew athletes continue building on basic dry-land techniques. At this level, breaststroke drills and techniques are improved upon and both the butterfly and backstroke are introduced. Several times per week athletes complete a special "Workout of the Day" (WOD).

Time 4:30-5:00 p.m.

5:05 SwimFit Crew

5:05 SwimFit Crew athletes continue to fine-tune freestyle, breaststroke, backstroke and butterfly drills and techniques. At this level, running and advanced dry-land movements are introduced. Athletes complete a special "Workout of the Day" (WOD) every day.

Time 5:05-5:50 p.m.

5:55 SwimFit Crew

5:55 SwimFit Crew athletes consist of water polo players, middle-schoolers, high-schoolers and adults who pride themselves on becoming better, faster and stronger overall. They train in all 4 strokes and are introduced to complex dry-land movements. Athletes complete a special "Workout of the Day" (WOD) every day.

Time 5:55-6:55 p.m.

Water Polo Crew

Water Polo Crew athletes focus on proper water polo game-play, such as positioning and spacing while continuing to fine-tune the basics in passing and shooting.

Time 5:55-7:45 p.m.

Swim Kids Swimming School

Parents & Me: Ages 4-24 months

Ideal for parents wanting to spend quality time with their babies and learn how to avoid pool hazards with babies. They will enjoy fun and musical activities such as bubbles, arm splashes and feet kicking in a playful and safe environment. Underwater activities are slowly introduced depending on the child's comfort level.

Turtles: Ages 2-3 years

Toddlers are introduced to the basics of swimming, which involves underwater bubbles, distance kicking with assistance and essential pool survival skills, such as rolling onto their back and returning to the wall in case of a fall.

Jellyfish: Ages 4-6 years

Once basic swimming survival skills are mastered, children will learn the primary kicking techniques of freestyle and breaststroke (frog), the best ways to back/front float and other fun water exercises.

Dolphins: Ages 7-9 years

The emphasis at this level is comprehensive knowledge of all the strokes; freestyle, backstroke, butterfly and breaststroke.

Sharks: Ages 10 years and up

Advanced stroke techniques are introduced at this level, followed by the development and refinement of water and land endurance, preparing the child for competition and a lifetime of physical fitness.

Class Options and Fees

Private Lessons (1 Swimmer/1 Instructor/8 Lessons)

Class Duration	30 minutes
Member Fee	\$400
Non-Member Fee	\$480

Semi-Private Lessons

(2 Swimmers/1 Instructor/8 Lessons)

Class Duration	30 minutes
Member Fee	\$240
Non-Member Fee	\$288

Group Lessons

(3-10 Swimmers/1 Instructor/4 week session)

Class Duration	30-50 minutes
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Once per week

Member Fee	\$100
Non-Member Fee	\$120

Twice per week

Member Fee	\$160
Non-Member Fee	\$192

Session Dates

Session 1	Jan. 6-Feb. 1 (no class Jan. 20)
Session 2	February 3-29 (no class Feb. 17)
Session 3	March 2-28
Session 4	March 30-April 25
Session 5	April 27-June 6 (pro-rated 6 weeks; no class May 25)

Private and group lessons are available for adults ages 18 years and up. Please call Swim Kids for more information.

GROUP LESSONS SCHEDULE: JANUARY 6-JUNE 6

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
2:30 p.m. Parents & Me		2:30 p.m. Parents & Me			10:00 a.m. Parents & Me
3:00 p.m. Turtles	3:00 p.m. Turtles	3:00 p.m. Turtles	3:00 p.m. Turtles	3:00 p.m. Turtles	10:30 a.m. Turtles
3:30 p.m. Jellyfish	3:30 p.m. Jellyfish	3:30 p.m. Jellyfish	3:30 p.m. Jellyfish	3:30 p.m. Jellyfish	11:00 a.m. Jellyfish
4:00 p.m. Turtles	4:00 p.m. Turtles	4:00 p.m. Turtles	4:00 p.m. Turtles	4:00 p.m. Turtles	11:30 a.m. Dolphins/Sharks
4:30 p.m. Jellyfish	4:30 p.m. Jellyfish	4:30 p.m. Jellyfish	4:30 p.m. Jellyfish	4:30 p.m. Jellyfish	
5:00 p.m. Dolphins/Sharks	5:00 p.m. Turtles	5:00 p.m. Dolphins/Sharks	5:00 p.m. Turtles	5:00 p.m. Dolphins/Sharks	
	5:30 p.m. Jellyfish		5:30 p.m. Jellyfish		
	6:00 p.m. Dolphins/Sharks		6:00 p.m. Dolphins/Sharks		



For questions or more information, please call Swim Kids at 305-365-0555 or log on to www.SwimKidSchool.com.



Pool Party Packages

For birthday parties and other special events, families, friends and guests can enjoy organized fun, including games and unique inflatables provided by Swim Kids. Pool parties at the Community Center are available on Saturdays and Sundays only.

Vero Yoga & Co. Youth & Adult Classes



EMPOWERING YOGA BY VERO YOGA & CO.

Empower yourself, get strong and get in shape, while bringing freedom to your mind with this empowering yoga program. All levels are welcome.

Key Biscayne resident Veronica Vidal is the founder of VeroYoga, a powerful blend of physical poses (asanas), breathing techniques (pranayamas), meditation and visualization techniques. "Vero" means true in Italian, VeroYoga means true yoga – traditional ancient yoga for people that live in today's world. VeroYoga's system invigorates, purifies and strengthens the body to move beyond physical and psychological barriers.

Veronica has been practicing yoga since childhood. She is certified as a yoga master by Sri Dharma Mittra from New York City. Her long list of yoga certifications include Ashtanga Yoga I, II and III; Forrest Advanced, Kundalini and Integral Yoga, among others.

Veronica studied in India at the Bihar School of Yoga. For over 25 years she has been under the personal guidance of the well-known yoga master from India, Swami Brahmaavidyananda Saraswati. She teaches her method through regular classes, training teachers, as well as in workshops in the United States and abroad. For more information, please visit www.VeroYoga.com.

Member Fee	\$18 per class or \$130 per ten-class punch pass
Non-Member Fee	\$21 per class or \$160 per ten-class punch pass
Location	Island Room
Instructor	Veronica Vidal
Session	Ongoing beginning January 13

Gentle VeroYoga

This style of yoga is appropriate for anyone at any age or stage of life and in any physical condition: from beginners to advanced, including athletes in need of deep muscle restoration, people in search of stress-relief, seniors, pregnant women, as well as anyone dealing with injuries or specific ailments. Focus on enjoying the complimentary sensations of strength and surrender. Stretch and tone the body, improve agility and balance, and draw the focus inward to calm the mind.

Days	Tuesdays & Thursdays
Time	8:30-10:00 a.m.

Level I VeroYoga

This class stimulates flexibility and strength, oxygenation and health to every muscle, tendon, articulation and organ of the body. Main emphasis is placed on breath awareness to restore vitality, overall health and to induce a calm state of mind. All levels are welcome, including pregnant women and beginners. This class is a great complement for rigorous athletic training.

Days	Mondays, Wednesdays & Fridays
Time	8:30-10:00 a.m.

Level II VeroYoga

Take your yoga to the next level with this invigorating Vinyasa-style of VeroYoga. Be prepared to sweat, stretch and strengthen using this transformative method. Personalized attention assists you in promoting your total physical and mental well-being. This class is best suited for intermediate and advanced students.

Days	Sundays
Time	9:30-11:00 a.m.

VERO YOGA FOR KIDS & TEENS

In this class, boys and girls will develop strong, limber and healthy bodies while cultivating self-esteem, increasing focus and concentration—all in a relaxed and playful environment. Students will also learn how to cope with life stressors and how to effectively relax and sleep better.

Session	Ongoing beginning January 14 (no class March 24 or 25)
Member Fee	\$12 per class or \$100 per ten-class punch pass
Non-Member Fee	\$14 per class or \$120 per ten-class punch pass
Location	Oasis Room, 2nd Floor
Instructor	Nicole Mavris

VeroKids Yoga (ages 7-12)

Days	Tuesdays
Time	6:30-7:30 p.m.

VeroTeens Yoga (ages 13-17)

Days	Wednesdays
Time	7:00-8:00 p.m.



Group Exercise & Yoga Classes

YOGA CLASSES

Considered both physical and mental therapy, practicing yoga has numerous benefits including improving flexibility, strength and muscle tone as well as managing stress and preventing disease. As a Community Center member, why not sign up for one of our cost-effective yoga classes and start reaping the health benefits today? No previous experience is required.

Ages	16 years & up
Location	Island Room
Member Fee	\$9 per class
Non-Member Fee	\$15 per class

Yoga with Arbey

You'll break a sweat in this fun and challenging class that will help you build strength and flexibility of both body and mind. Each class is designed with a combination of asanas from various styles of yoga.

Days	Mondays, Wednesdays & Fridays
Time	10:00-11:30 a.m.
Instructor	Arbey Quiceno

Yoga Core & Stretch

This class uses gentle yoga techniques and stretching to develop the abdominal core and improve flexibility. No previous experience required.

Days	Tuesdays
Time	9:30-11:00 a.m.
Instructor	Arbey Quiceno

Power Yoga & Stretch

This class is designed to safely build a strong abdominal core through yoga techniques and stretching. Ideal for athletes and those interested in a mentally and physically challenging class. Participants will leave feeling energized and inspired.

Days	Mondays & Wednesdays
Time	7:00-8:30 p.m.
Instructor	Kerstin Eskeli
Days	Saturdays
Time	9:30-11:00 a.m.
Instructor	Melanie Lyons

GROUP EXERCISE CLASSES

The Community Center offers a variety of fun and affordable group exercise classes. The following rules and regulations are enforced to ensure the safety and well-being of our members.

- You must be at least 15 years of age to participate in a group exercise class.
- No person under the age of 15 may be in the room while a group exercise class is taking place.
- Bring your valid punch pass along with your ID to class.
- Always provide your name to the attendant when you attend a class.
- Classes may fill up quickly (especially spinning classes) so make sure to arrive early to secure your spot.
- Spinning bicycles are available on a first-come, first-served basis. They may not be reserved.
- Do not enter a class in progress unless the instructor has indicated you can do so.
- Please wear appropriate clothing and footwear. Open-toed shoes (including flip-flops) are not permitted.
- Always bring a sweat towel and water bottle to class.

Class Descriptions

Body Sculpting—Body bars, hand weights and balls are used in this 55-minute class to tone all the major muscles in your body and increase muscle endurance.

Spinning—The ultimate indoor cycling experience. You control the resistance and cadence to make the class as challenging as you need it to be!

Zumba—High energy and motivating music with unique moves and combinations makes this a fun and easy workout!

Step—This 55-minute class is devoted to non-stop cardiovascular exercise utilizing the step. This class is moderate-to-high intensity with some abdominal work.

Group Exercise Schedule

The most current and up-to-date Group Exercise Schedule can always be found at the Community Center Front Desk or by visiting www.Activelslander.org.

Group Exercise Pass Prices

Single	
Members	\$9
Non-Members	\$15
5 Pack	
Members	\$35
Non-Members	N/A
10 Pack	
Members	\$60
Non-Members	N/A
20 Pack	
Members	\$100
Non-Members	N/A

Packages are not valid for yoga classes or non-members. Passes are non-transferable and non-refundable.



Senior Fitness Programs & Classes

HEALTHY AGING FOR OLDER ADULTS

The Key Biscayne Community Center provides programs that promote health and help prevent disease in older adults. We partner with the Active Seniors on the Key (A.S.K.) Club, an initiative of the Key Biscayne Community Foundation, to create physical and social opportunities that improve the quality of life for older adults in our community.

Programs are taught by qualified fitness instructors who specialize in older adults. All Key Biscayne seniors are welcome to participate in these programs (some programs do have minimum age requirements).

Advanced registration at the Front Desk is required to participate in all programs. For additional information, please contact Roxy Lohuis-Tejeda, Adult & Senior Programs Coordinator, at 305-365-8953.

Fitness Center Orientation for Seniors

Senior fitness specialist and personal trainer Marilyn Myles provides those with a Senior's Membership at the Community Center with an orientation of the Fitness Center equipment and exercises appropriate for older adults. Please inquire at the Front Desk for the monthly schedule.

Balance and Stability Training NEW!

This 4-week training program is designed to help you strengthen those smaller muscles that will keep your movements stable and secure and prevent you from falling. Designed for seniors who walk with or without a cane or walker, this class will increase your range of motion while improving your stability and decreasing your dependency on others. Space is limited and registration at the Front Desk is required.

Days	Wednesdays & Fridays
Time	1:00-2:00 p.m.
Location	Dance Studio
Session 1	January 15-February 7
Session 2	February 12-March 6
Instructor	Adita Lang
Fee	Free



AFFORDABLE SENIOR FITNESS CLASSES

The Community Center is now providing the following classes at an affordable price with a punch-pass system that entitles participants to take any of these 3 senior fitness classes at their convenience. Passes are non-transferable, non-refundable and may only be used for the 3 classes below.

Ages	55 years & up
Sessions	Ongoing
Member Fee	\$48 per 8-punch pass
Non-Member Fee	\$58 per 8-punch pass

Yoga for 55 & Older

Yoga has been shown to help alleviate or reduce many health challenges. Armed with medical knowledge and the ability to modify poses to accommodate specific health issues, an experienced instructor helps students augment their energy and vitality, enhance range of movement, increase stability and improve respiratory systems. Class is limited to 12 students.

Days	Mondays, Wednesdays & Fridays
Time	8:00-9:00 a.m.
Location	Oasis Room
Instructor	Kerstin Eskeli

Splash! Water Workout

Splash your way into fitness with this fun and exciting water workout designed to be easier on your joints. Get fit in the pool while increasing your overall endurance and strength. This exercise class is guided by a senior fitness specialist and personal trainer.

Days	Thursdays
Time	10:00-11:00 a.m.
Location	Pool
Instructor	Marilyn Myles

Boomer Boot Camp

Fitness after 55 just became more fun! Workout with balls, bells, bands and balance training aids in an "old school" format with "new age" results! This exercise class is guided by a senior fitness specialist and personal trainer.

Days	Tuesdays & Thursdays
Time	11:15 a.m.-12:15 p.m.
Location	Dance Studio
Instructor	Marilyn Myles

Senior Fitness Programs & Classes

Parkinson's Boxing Program **FREE!**

Rock Steady Boxing is a non-contact, boxing-style fitness program that improves mobility, balance, strength and the quality of life for those fighting Parkinson's disease. This program is free of charge for Key Biscayne residents with a Parkinson's diagnosis. Must register before attending first class by contacting Roxy Lohuis-Tejeda at RLohuis@keybiscayne.fl.gov or 305-365-8953.

Days	Mondays, Wednesdays & Fridays
Time	12:00-1:00 p.m.
Location	Oasis Room
Instructor	Rock Steady Boxing Instructor
Session	Ongoing beginning January 6
Fee	Free for KB Residents

A.S.K. Club Pickleball **FREE!**

This fun paddle sport, which combines many elements of tennis, badminton and ping pong, was created for all ages and skill levels with simple rules making it easy for beginners to learn and fast-paced enough for experienced players. Registration at the Front Desk is required.

Days	Sundays-Fridays
Dates	Ongoing beginning January 6
Time	10:00 a.m.-12:00 noon
Location	Gymnasium
Fee	Free

Enhance Fitness

This low-cost, evidenced-based exercise program helps seniors (ages 60+) of all fitness levels become more active. Enhance Fitness focuses on stretching, flexibility, balance, low-impact aerobics and strength training.

Days	Mondays, Wednesdays & Fridays
Time	10:00-11:00 a.m.
Time	2:00-3:00 p.m.
Location	Community Room (1st floor, Village Hall)
Instructor	Marilyn Myles
Session 1	January 6-April 24
Session 1	April 27-August 14 (2:00 p.m. class only)
Fee	\$180 (16 weeks)

Balance Chair Exercise Group **FREE!**

Older adults are invited to this fun and interactive group. Advanced registration at the Front Desk is required.

Days	Mondays, Thursdays & Saturdays
Time	10:15-11:15 a.m.
Location	Lighthouse Room
Instructor	Marilyn Kreisberg
Session	Ongoing
Fee	Free

A.S.K. Walking Club **FREE!**

Join your friends and neighbors of the A.S.K. Club for a morning walk on the Village Green. Participants will be divided into two groups "speedy" and "steady."

Days	Tuesdays & Thursdays
Time	7:45 a.m.
Location	Village Green (by pavilion)
Session	Ongoing
Fee	Free

Chair Yoga **FREE!**

Learn how the mind-body connection can help with stress, pain, fatigue, joints, balance and arthritis. Register at the Front Desk!

Days	Wednesdays & Fridays
Time	10:15-11:15 a.m.
Location	Lighthouse Room
Session	Ongoing
Instructor	Myriam Sitterson
Fee	Free

Improving Balance Through Tai-Chi **FREE!**

This centuries-old Chinese practice exercises the mind and body through a series of gentle, flowing postures. All levels are welcome. Advanced registration at the Front Desk is required.

Days	Fridays (2nd Floor Lobby)
Days	Sundays (Village Green)
Time	8:30 a.m.
Instructor	Marius Robinson
Session	Ongoing
Fee	Free



Fitness, Health & Wellness Programs

Cardio Dance Fitness

This high-energy, cardio dance class features songs from the 80s, 90s and today. You'll have a blast and get a fantastic workout while you dance to hip-hop, salsa, merengue and reggaeton. It's a party in every class! Class is taught by Key Biscayne resident Jackie Vilariño Estrella, former Miami Heat dancer and former captain/choreographer of the Miami Dolphins cheerleaders. She is now the Director of Dance Tech Studios Miami. Please register at the Front Desk to reserve your spot!

Ages	15 years & older
Days	Tuesdays
Time	9:30-10:30 a.m.
Location	Oasis Room (2nd Floor)
Instructor	Dance Tech Studios Miami
Session 1	January 7-28
Session 2	February 4-25
Session 3	March 3-31 (no class March 24)
Session 4	April 7-28
Session 5	May 5-26
Member Fee	\$60/session or \$17/class
Non-Member Fee	\$72/session or \$20/class



Functional Boxing

NEW!

Designed for women and men of all ages and fitness levels, this high-intensity workout combines boxing, cardio and equipment-based exercises. You'll burn calories while you strengthen your muscles, sharpen your reflexes and focus your mind. The use of 14-ounce boxing gloves and wrap is mandatory. Pre-registration at the Front Desk is required.

Ages	15 years & older
Days	Thursdays
Time	7:00-8:00 p.m.
Location	Oasis Room (2nd Floor)
Instructor	Alexandre Furtado
Session 1	January 9-30
Session 2	February 6-27
Session 3	March 5-April 2 (no class March 26)
Session 4	April 9-30
Session 5	May 7-28
Member Fee	\$60/session or \$20/class
Non-Member Fee	\$72/session or \$24/class



Swimming Endurance

This program is open to all adult swimmers who want to improve their health and strength through physical fitness, personal challenge, teamwork and camaraderie. All ages and all levels are welcome. For more information, contact Coach Lilly at info@tri4kidz.com or 786-873-1234.

Sessions	4-week sessions begin January 6 (no class Jan. 20, Feb. 17, March 23-27 & April 9)
Instructor	Liliana Montes
Days	Monday-Thursday
Time	8:45-10:00 a.m.
Member Fee	\$155
Non-Member Fee	\$186
Days	Tuesdays & Thursdays
Time	7:30-8:30 a.m. (for Competitive Swimmers & Triathletes)
Member Fee	\$95
Non-Member Fee	\$114

Adult & Senior Programs

ARTS & CRAFTS

Pottery for Adults

Decompress, have fun and explore the versatility of hand-building and wheel work. You may choose to work independently or have an experienced instructor assist you with your project as you design and create sculptural or functional pieces, using various construction techniques and different glaze applications. Potters of all experience levels are welcomed. Materials are not included in the class fee.

Days	Fridays
Time	10:30 a.m.-12:30 p.m.
Location	Arts & Crafts Room
Instructor	Laura Marmol
Session 1	January 10-31
Session 2	February 7-28
Session 3	March 6-April 3 (no class March 27)
Session 4	April 10-May 1
Session 5	May 8-29
Member Fee	\$120/session or \$33/class
Non-Member Fee	\$144/session or \$39/class
Materials Fee	\$45

Chinese Brush Painting

Learn Chinese brush painting from an instructor who has studied with internationally known artists Chow Chian Chiu and wife Chow Leung Chen-Ying. No previous experience is required. A materials list is available at the Front Desk.

Days	Mondays
Time	10:15 a.m.-12:15 p.m.
Location	Arts & Crafts Room
Instructor	Joyce Olivera
Session 1	January 13-February 17
Session 2	February 24-April 6 (no class March 23)
Session 3	April 13-May 18
Member Fee	\$70
Non-Member Fee	\$80

Judi's Jewelry Class

Create customized, stylish jewelry ready for you and your friends to wear! Choose from a huge selection of hot colors, textures and unique beads to make one-of-a-kind pieces. Basic materials are included in the class fee.

Days	Tuesdays & Thursdays
Time	10:00 a.m.-1:00 p.m.
Location	Second Floor Lobby
Instructor	Judi Koslen
Session	Ongoing
Fee	\$10 per class



Art Class for Seniors

Learn new painting techniques in this art class sponsored by the Active Seniors on the Key (A.S.K.) Club. Explore painting and mixed media, and learn about art history and master artists. Class fee includes materials and refreshments. Space is limited so register and pay in advance at the Front Desk to secure your spot.

Days	Thursdays	Session 1	January 16-February 13
Time	10:00 a.m.-12:00 noon	Session 2	February 20-March 19 (no class March 26)
Location	Arts & Crafts Room	Session 3	April 2-30
Instructor	Liz Portuondo	Member Fee	\$50
		Non-Member Fee	\$60

Adult & Senior Programs



COMPUTER CLASSES

Learn everything you need to know about your home computer from an experienced and patient instructor. Additional sessions may be offered if demand exists. Please inquire at the Front Desk. Students must register and pay for entire 4 week course.

Days	Wednesdays
Time	10:00 -11:00 a.m.
Location	Computer Lab
Instructor	Leo Quintana (Bilingual Instructor)
Fee	\$20 per 4-week session

Basic Computer Applications

Explore the different features, learn how to perform basic troubleshooting; familiarize yourself with e-mail and Internet.

Session	January 8-29
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Mobile Devices (iPhone/Tablet) Class

In this class you will learn everything you need to know about your iPhone and tablet. Explore all the different features, text messaging, basic troubleshooting and how to use FaceTime.

Session 1	February 5-26
Session 2	March 4-25

SPECIAL INTERESTS

Mindfulness Meditation ^{NEW!} in English & Spanish

Mindfulness Meditation is a mental training practice that involves focusing your mind on your experiences in the present moment. It does not require demanding physical activity. Instead it cultivates inner peace by developing awareness of body and mind. Incorporating Mindfulness Meditation into your life is a pathway to well-being, enhancing your mental and physical health, reducing stress, and developing ways to improve conditions such as anxiety, depression, chronic pain, or poor sleep quality. Please register at the Front Desk.

Instructor	Cecilia Rubio
Session	January 14-May 28
Fee	Free

English Meditation

Days	Tuesdays
Time	10:00-11:30 a.m.
Location	Lighthouse Room

Spanish Meditation

Days	Thursdays
Time	10:00-11:30 a.m.
Location	Island Room

Bridge Lessons ^{NEW!}

Learn to play the world's greatest game! These lessons are designed for players with little or no previous knowledge of bridge. The material can also serve to refresh or update players (especially those who might be looking for partners) who have played in the past and are returning to a game that has changed somewhat. Please contact the instructor at dpb3@fastmail.fm before registering for the program.

Days	Mondays
Time	5:00-7:00 p.m.
Location	Lighthouse Room
Instructor	David Babcock
Session 1	January 13-February 17
Session 2	February 24-March 30
Member Fee	\$60
Non-Member Fee	\$72



Adult & Senior Programs

PERFORMING & CREATIVE ARTS

Essentials of Creative Writing

Whether you are just beginning to write or polishing your next piece for publication, this class will help you advance your skills as a writer and storyteller. Through weekly lectures, readings, and opportunities to share your work in a supportive environment, you will begin to hone your craft, learning how to create compelling characters, snappy dialogue, and satisfying story structures that will keep your reader fascinated from the first word to the last. There is a minimum of 6 students required for the class to take place. Please check with the Community Center's Front Desk.

Days	Mondays
Time	9:30-11:00 a.m.
Location	Island Room
Instructor	Kathie Klarreich
Session	January 27-March 16
Member Fee	\$40
Non-Member Fee	\$48

Flamenco for Adults

Furia Flamenca is the leading dance studio in Miami offering a unique curriculum specially designed for flamenco dance at the Key Biscayne Community Center. Together with some of the best flamenco dance teachers from Spain, Furia Flamenca has created a full educational program that will make you fall in love with this unique dance form. There is a minimum of 5 students required for the class to take place. For more information, contact Ana Hidalgo at Info@FuriaFlamenca.com.

Days	Thursdays
Time	7:00-8:00 p.m.
Location	Dance Studio
Instructor	Furia Flamenca
Session 1	January 9-February 27
Session 2	March 5-April 30 (no class March 26)
Session 3	May 7-June 4 (pro-rated)
Member Fee	\$210
Non-Member Fee	\$252

Taller de Escritura en Español (Creative Writing in Spanish)

Mediante textos propios, que se realizan en el taller y se comparten con el grupo, el participante ejercitará sus habilidades literarias; aprenderá de técnicas de escritura y reflexionará sobre el oficio.

Days	Tuesdays
Time	6:30-8:00 p.m.
Location	Adult Lounge
Instructor	Fernanda Reyes Retana
Session	January 21-February 18
Member Fee	\$60
Non-Member Fee	\$72

Ladies' Andante Vocal Group

The choir includes vocal technique and works with simple 2- and 3-voice musical arrangements with a varied repertoire such as classical, rock and popular music in different languages, including Latin American folk music. No auditions are required. For more information, please call Angeles Padilla at 305-342-4162 or Florencia Badino-Zichy at 786-395-0485.

Days	Wednesdays
Time	8:00-9:30 p.m.
Location	Island Room
Instructor	Florencia Badino & Angeles Padilla
Session 1	January 8-February 19 (7 weeks)
Session 2	February 26-April 15 (7 weeks; no class March 25)
Session 3	April 22-June 3 (7 weeks)
Member Fee	\$175
Non-Member Fee	\$210



Adult & Senior Programs

TRIPS AND TOURS

The Community Center Adult and Senior Services Division offers affordable excursions to exciting destinations and events throughout South Florida. Full payment must be received by the registration deadline. A refund will be provided only if the trip is cancelled. Contact Roxy Lohuis-Tejeda for more information at 305-365-8953.

Worth Avenue

Take advantage of this opportunity to shop the more than 250 merchants on Worth Avenue, including legendary international boutiques and unique specialty stores found only on the Avenue.

Registration Deadline: Friday, December 27, 2019

Date	Friday, January 3
Time	9:30 a.m.
Fee	\$5

Miami City Ballet's Program II: I'm Old Fashioned

Miami City Ballet is joined by two larger-than-life stars, Fred Astaire and Rita Hayworth, dancing and gliding alongside Miami City Ballet dancers in Jerome Robbins' stunning *I'm Old Fashioned* from the 1942 film *You Were Never Lovelier*. Program will also include *This Bitter Earth*, *Tschaikovsky Pas De Deux* and *Symphonic Dances*.

Registration Deadline: Friday, December 27, 2019

Date	Friday, January 10
Time	6:15 p.m.
Fee	\$22 (NRT)

All My Sons at Coral Gables Cinema

Don't miss the best of British theatre broadcasted live from the London stage to cinemas around the world! *All My Sons*, written by Arthur Miller, tells the story of Joe and Kate Keller, who are a success story. But their contented lives are about to shatter.

Registration Deadline: Friday, January 10, 2020

Date	Friday, January 17
Time	10:45 a.m.
Fee	\$20 (NRT)

Georgia O'Keeffe: Living Modern at the Norton Museum of Art

This exhibition showcases Georgia O'Keeffe's proclaimed progressive, independent lifestyle through O'Keeffe's paintings, clothes, and photographs of the painter by noted artists Ansel Adams, Alfred Stieglitz, Andy Warhol and others.

Registration Deadline: Friday, January 17, 2020

Date	Friday, January 24
Time	9:30 a.m.
Fee	\$5

Hard Rock Hotel & Casino

Back by popular demand! Visit the \$1.5 billion expansion at Seminole Hard Rock Hotel & Casino Hollywood, including the world's first-ever Guitar Hotel. This unique architectural and engineering masterpiece offers guests and gamers a rock-star worthy destination unlike any other.

Registration Deadline: Friday, January 24, 2020

Date	Friday, January 31
Time	9:30 a.m.
Fee	\$5

The Met Encore in HD: Gershwin's Porgy and Bess

Join us for an encore presentation in HD of the modern American masterpiece *Porgy and Bess* at the Regal Cinema in South Beach. Get transported to Catfish Row, a setting vibrant with the music, dancing, emotion and heartbreak of its residents. Lunch is not included.

Registration Deadline: Friday, January 31, 2020

Dates	Wednesday, February 5
Time	11:45 a.m.
Fee	\$29 (NRT)

Miami City Ballet's Program III: Firebird

Miami City Ballet's newly commissioned *Firebird* is a fantastical and thrilling story about magic, love, danger and liberation alive with color, excitement and spectacular effects – one of the greatest of all fairytales.

Registration Deadline: Friday, January 31, 2020

Date	Friday, February 14
Time	6:15 p.m.
Fee	\$22 (NRT)

Non-Refundable Trip (NRT)

These trips require the advanced purchase of tickets. Full payment is due at time of registration and cannot be credited or refunded unless a replacement from the waiting list is available. Tickets are transferable.

Evening Trips Drop-Off Service

For trips that take place in the evening, transportation directly to your home at the end of the night is available at no extra charge. Please call 305-365-8953 to make arrangements.

Adult & Senior Programs

Tour of Plymouth Congregational Church

Join us as we tour this beautiful sanctuary in the heart of Coconut Grove. This historic church is over 100 years old and its history is indeed intertwined with Miami's history and especially the history of early Coconut Grove. Lunch on your own will follow the tour.

Registration Deadline: Friday, February 14, 2020

Date	Friday, February 21
Time	11:15 a.m.
Fee	\$5

Hamilton at the Arsht Center

Go back to the era of the Founding Fathers with Lin-Manuel Miranda's inventive Tony-winning musical, winner of 11 Broadway.com Audience Choice Awards. *Hamilton* features a score that blends hip-hop, jazz, blues, rap, R&B and Broadway.

Date 1	Wednesday, February 26
Date 2	Wednesday, March 4
Time	6:15 p.m.
Fee	\$169 (NRT)

Miami Military Museum and Memorial

Back by popular demand! The new Miami Military Museum and Memorial presents the history of World War II in South Florida, including the heroic clandestine military activities of the Cuban exile community of anti-Castro freedom fighters during the Cold War.

Registration Deadline: Friday, March 6, 2020

Date	Friday, March 13
Time	9:30 a.m.
Fee	\$5

Homestead Day Trip

Enjoy the season's bounty as we visit such Redland's staples as Robert Is Here, Knauss Berry Farm, RF Orchids and Cauley Square.

Registration Deadline: Friday, March 13, 2020

Date	Friday, March 20
Time	9:30 a.m.
Fee	\$5

Day at Palm Beach Outlets

Spend the day at Palm Beach Outlets, Palm Beach County's first outlet center, featuring over 100 stores.

Registration Deadline: Friday, March 20, 2020

Date	Friday, March 27
Time	9:30 a.m.
Fee	\$5

A Little Night Music at the Arsht Center

This beloved Sondheim classic explores the tangled web of affairs centered around actress Desirée Armfeldt, and the men who love her.

Registration Deadline: Friday, March 13, 2020

Date	Wednesday, April 1
Time	6:15 p.m.
Fee	\$55 (NRT)

Day at the PAMM

Spend the day at Pérez Art Museum Miami and learn about modern, contemporary and international art. Enjoy waterfront dining; shop at the museum's gift store; and take in the views of Biscayne Bay and the elaborate hanging gardens.

Registration Deadline: Friday, April 3, 2020

Date	Friday, April 10
Time	10:00 a.m.
Fee	\$17

Festival Flea Market on Sample

Join us as we head out to this one-of-a-kind, multi-merchant marketplace filled with a diverse selection of merchandise.

Registration Deadline: Friday, April 10, 2020

Date	Friday, April 17
Time	9:30 a.m.
Fee	\$5

Jungle Queen Sightseeing Cruise

Treat yourself to a fully-narrated cruise down the "Venice of America."

The cruise takes you to a lush tropical isle where you can watch an alligator show, see exotic birds, lemurs and monkeys, and so much more.

Registration Deadline: Friday, April 24, 2020

Date	Wednesday, May 6
Time	11:15 a.m.
Fee	\$35 (NRT)

Redland International Orchid Show at Fruit & Spice Park

Experience the largest annual orchid show in the United States! Listen to lectures and enjoy an assortment of treats from around the world.

Registration Deadline: Friday, May 8, 2020

Date	Friday, May 15
Time	9:30 a.m.
Fee	\$15

50+ Corner – Adult & Senior Programs



ONGOING PROGRAMS

A.S.K. Book Club

Join your friends and neighbors for a literary afternoon at the Active Seniors on the Key (A.S.K.) Book Club featuring good books, good discussions and good people. Please bring your own lunch. Coffee will be served.

Days	Tuesdays
Dates	January 14, February 11, March 10, April 14 & May 12
Location	Adult Lounge
Time	12:30 p.m.
Facilitator	Katherine Vale
Fee	Free

NEW DAY!

Movie Lovers' Cinema

Join us for a free viewing of recently released films every Thursday of the month, selected by locals for your viewing pleasure. To submit movie suggestions for upcoming months, please contact 305-365-8953.

Days	Every Thursday at 1:30 p.m.
Location	Lighthouse Room
Fee	Free

Classic Movies on Fridays

Join us a viewing of some of the most memorable classic films that define Hollywood's golden era.

Days	Every Friday at 12:00 noon
Location	Lighthouse Room
Fee	Free

Bingo Mania at the Community Center

Enjoy an afternoon of games, fun and great prizes. A minimum of 6 games will be played with a winner-takes-all final round.

Days	Thursdays
Location	Lighthouse Room
Dates	January 9, February 13, March 12, April 9 & May 14
Time	3:30 p.m. (following the movie matinee)
Dates	January 23, February 27, March 26, April 23 & May 28
Time	11:30 a.m. (light lunch will be served)
Fee	\$2 per card

ACBL Sanctioned Duplicate Bridge

NEW!

Join us every Monday for an afternoon of Duplicate Bridge. Before joining the game, participants must contact Club Manager David Babcock at DPB3@FastMail.FM to make arrangements.

Days	Mondays
Location	Lighthouse Room
Time	1:00-5:00 p.m.
Dates	Ongoing
Fee	\$8 (paid directly to Mr. Babcock)

Key Biscayne Domino Club

Join your friends and neighbors for a friendly game of dominos... *y una tacita de café*.

Days	Mondays, Wednesdays & Fridays
Time	2:00-6:00 p.m.
Location	Adult Lounge
Fee	Free

Mahjong, Card Games and More

Interested in learning and/or playing Mah Jongg? Join this fun group of beginner and experienced players. Complimentary refreshments will be provided.

Days	Tuesdays
Time	1:00-4:00 p.m.
Location	Lighthouse Room
Fee	Free

Afternoon Canasta

Join your friends and neighbors for a fun afternoon playing canasta. No previous knowledge of the game is required. Complimentary refreshments will be provided.

Days	Wednesdays
Time	3:00-6:00 p.m.
Location	Lighthouse Lounge
Fee	Free

50+ Corner – Adult & Senior Programs

SHINE Medicare Counseling

Medicare advice is now available to Key Biscayne residents thanks to the Alliance for Aging's SHINE program. Every month ASK Club volunteers trained by the SHINE program will provide free, unbiased and confidential health insurance counseling to empower residents to make informed healthcare choices. For appointments please call 305-671-6356.

Days	Tuesdays
Dates	January 21, February 18, March 17, April 21 & May 19
Time	10:00 a.m.-12:00 noon
Location	Computer Lab
Fee	Free

The “Crafty Needle” Sewing Group

Put your crafty hands to work! Join this special group of volunteers as they design and create “Blankets of Hope” for children and seniors. These unique and beautiful blankets are donated to local hospitals, day-care centers and nursing facilities. Sewing experience is not necessary.

Days	Wednesdays
Dates	Ongoing
Time	12:30 p.m.
Location	Lighthouse Room
Fee	Free

Men's Support Group

An ongoing, safe and confidential group for men to discuss challenges and gain feedback and support from each other. Topics of discussion will include: building a new circle of friends; personal growth; stress and anxiety management; self-esteem and relationships with family, friends and significant others.

Days	Wednesdays
Dates	January 8 & 22 February 5 & 19 March 4 & 18 April 1, 15 & 29 May 13 & 27
Time	7:30 p.m.
Location	Lighthouse Lounge
Facilitator	Arthur Ackerman
Fee	Free

Mind & Melody Music Program

Join this fun, therapeutic and educational music program, which has been shown to provide social, physical and cognitive stimulation. Designed for individuals with or without musical training, the program consists of fun music theory lessons, performances, playing and creating original music! Young musicians from the community come together to teach interactive music sessions. All instruments and materials are provided. Pre-registration is required.

Days	Mondays
Time	11:30 a.m.-12:30 p.m.
Location	Lighthouse Room
Instructor	Mind & Melody, Inc.
Session	January 6-June 1 (no class Jan. 20, Feb. 17 or May 25)
Fee	Free

Brain Fitness with Brain HQ

This brain fitness program will help you think faster, focus better and remember more. BrainHQ is an online brain-training program designed by an international team of neuro-scientists after 30 years of research in neurological science and related medicine. Pre-registration at the Front Desk is required.

Days	Mondays & Tuesdays
Time	12:00-2:30 p.m.
Location	Computer Lab
Instructor	Brain HQ Instructor
Session	January 6-May 26
Fee	Free



50+ Corner – Adult & Senior Programs



SPECIAL EVENTS

Lunch with Art

Enjoy a light lunch and nourish your creative side! Each month, our teaching artists will present a unique art activity in a wide range of artistic mediums that can be completed within one hour and it's ready to take home with you. Please register at the Front Desk to reserve your spot.

Days	Tuesdays
Dates	January 21, February 18, March 17 & April 21
Location	Adult Lounge
Time	12:00 noon
Fee	Free



AARP Driver Safety Program

Take the 6-hour classroom refresher course especially designed for drivers age 55 and over and qualify for auto insurance discounts.

Date	Friday, March 6
Time	9:00 a.m.-3:00 p.m.
Location	Lighthouse Room
Fee	\$15 for AARP Members \$20 for AARP Non-Members



Lunch & Learn

The importance of knowledge and understanding of one's own health is vitally important. Following the seminar, healthy refreshments will be served to give residents time to reflect and discuss the topic.

Days	First Thursdays
Dates	January 2, February 6, March 5, April 2 & May 7
Location	Adult Lounge
Time	11:30 a.m.
Fee	Free

A.S.K. Club Lunch

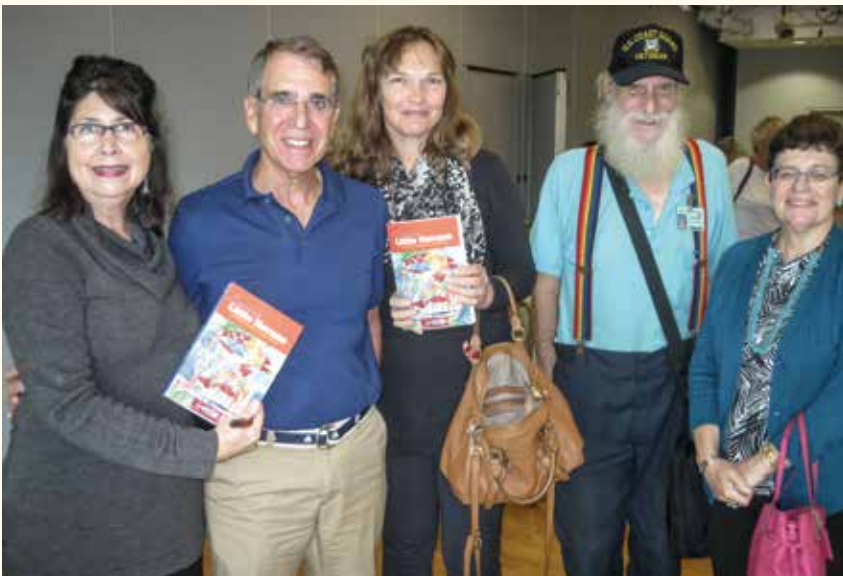
The Active Seniors on the Key (A.S.K.) Club invites all Islanders to a monthly luncheon featuring guest speakers and fun activities with your friends and neighbors. This event is generously sponsored by the Key Biscayne Community Foundation and the Village of Key Biscayne. Please register in advance at the Front Desk to secure your spot and confirm location/cost of event.

Days	Thursdays
Dates	January 9 at Biscayne Nature Center February 13 at Lighthouse Café March 12 at Beach Park April 9 at Community Center May 14 at Community Center
Location	Varies
Time	12:00 noon
Fee	TBA

Lunch with an Author

Join us for lunch with a different author as they discuss their latest works and sign copies of their books. This event is generously sponsored by the Village of Key Biscayne. Please register in advance at the Front Desk to secure your spot.

Days	Thursdays
Dates	January 16, February 20, March 19, April 16 & May 21
Location	Island Room
Time	12:00 noon
Fee	Free



50+ Corner – Adult & Senior Programs

Osher Lifelong Learning Institute at the Community Center

Take the next step on your journey through lifelong learning and join us for a new series of courses and lectures presented by the University of Miami's Osher Lifelong Learning Institute (OLLI). You will enjoy an extensive variety of programs in a relaxed and convenient learning environment, especially designed for those over the age of 50 who share a common understanding that life should be filled with continual intellectual growth and exploration. To learn more about OLLI at the University of Miami, please visit www.Miami.edu/Osher

Lectures – Free & Open to the Public

- ☼ Wednesday, January 15 at 10:30 a.m.
- ☼ Wednesday, January 29 at 7:00 p.m.
- ☼ Wednesday, February 26 at 7:00 p.m.
- ☼ Wednesday, March 25 at 7:00 p.m.
- ☼ Wednesday, April 29 at 7:00 p.m.
- ☼ Wednesday, May 27 at 7:00 p.m.

4-week Class – Registration Required

- ☼ Tuesdays, February 4-25 from 10:30 a.m.-12:00 noon
- ☼ Tuesdays, March 3-24 from 2:00-3:30 p.m.

For more information about the lecture and the class topics that will be offered at the Community Center, please visit www.ActiveIslander.org



FLORIDA LICENSING ON WHEELS BY APPOINTMENT ONLY!

A team of driver's license representatives will be on hand to renew or issue replacements or duplicates of your driver's license and vehicle registration, issue new or replacement identification cards, complete out-of-state driver's license transfers and provide handicap decals. Call 305-365-8953 for appointments and information on needed documentation. *Note: Renewals of driver's licenses can be completed up to 18 months in advance of the expiration date.*

Days	Tuesdays
Dates	January 14 February 11 March 10 April 14 May 12
Time	By Appointment Only
Location	2nd Floor Lobby



Special Events/Important Dates

COMMUNITY CENTER HOLIDAY HOURS & CLOSURES

Christmas Eve

Date Tuesday, December 24
Hours 8:00 a.m.-2:00 p.m.

Christmas Day

Date Wednesday, December 25
Hours CLOSED

New Year's Eve

Date Tuesday, December 31
Hours 8:00 a.m.-2:00 p.m.

New Year's Day

Date Wednesday, January 1
Hours CLOSED

Dr. Martin Luther King, Jr. Holiday

Date Monday, January 20
Hours 8:00 a.m.-8:00 p.m.

Presidents' Day Holiday

Date Monday, February 17
Hours 8:00 a.m.-8:00 p.m.

Memorial Day Holiday

Date Monday, May 25
Hours 8:00 a.m.-8:00 p.m.

ANNUAL HEALTH & SERVICES FAIR

Our Annual Health Fair is back! Join us for a day of screenings, informative presentations, useful information, speaker luncheon, give-a-ways and much more! Register in advance at the Front Desk to secure your spot for the free luncheon. Contact Roxy Lohuis-Tejada at 305-365-8953.

Date Thursday, Jan. 30
Time 10:00 a.m.-1:00 p.m.
Location 2nd Floor



Winterfest Eve

Date Saturday, December 7
Time 6:00-10:00 p.m.
Location Village Green

Winterfest

Date Sunday, December 8
Time 4:00-7:30 p.m.
Location Village Green

Winterfest Boat Parade

Date Saturday, December 14
Time 6:00-8:30 p.m.
Location "No Name Harbor" in Bill Baggs Cape Florida State Park

Movies on the Green

Date Friday, December 6
Date Friday, January 24
Date Friday, February 21
Time 7:00 p.m.
Location Village Green

30th Annual Easter Egg Hunt

Date Saturday, April 4
Time 9:30 a.m. (sharp)
Location Village Green



VILLAGE OF KEY BISCAIYNE COMMUNITY CENTER

ACTIVE islander



**Village of Key Biscayne
Parks and Recreation Department**
10 Village Green Way
Key Biscayne, Florida 33149
Telephone: 305-365-8900

*Visit us often for updates and
new information at*
www.ActiveIslander.org

Photo courtesy of Leo Quintana

